

# Gardner Murphy

Gardner Murphy (1895–1979) was an American psychologist, parapsychologist and author who made major contributions to psychology and parapsychology in a career that spanned six decades.

Murphy believed that the findings of parapsychologists had much to teach about psychology, and vice versa, and that researchers in each field should pay attention to the other.

## Background and Career

Gardner Murphy was born on 8 July 1895 in Chillicothe, Ohio, USA. His father was an Episcopalian minister, his mother a graduate of Vassar University. He spent much of his boyhood in New England.<sup>[1]</sup>

Murphy credited his maternal grandfather and his parents with having opened his mind to parapsychology; they felt there was ‘something in it’ and had read the literature. Aged sixteen, he read [William Barrett](#)’s 1911 book *Psychical Research*, which he found in his grandfather’s library.<sup>[2]</sup>

He studied at the Hotchkiss School in Lakeville, Connecticut, then went on to earn his baccalaureate at Yale University in 1916 and his master’s from Harvard University in 1917.

Murphy then entered military service with the American Expeditionary Forces in 1917, serving in France as a member of the Yale Medical Corps until July 1919. He read extensively on parapsychology, encouraged by leaders of the [Society for Psychical Research](#) (SPR) in London and at the [American Society for Psychical Research](#) (ASPR).<sup>[3]</sup> He particularly admired the works of SPR pioneers [FWH Myers](#) and [Eleanor Sidgwick](#)<sup>[4]</sup> and was also inspired by the work of the American philosopher and parapsychologist [William James](#).

In 1921, Murphy resumed graduate work at Columbia University while working as a psychology lecturer, and was awarded his doctorate in 1923. From 1922 to 1925, he served as the Hodgson Fellow in Psychology at Harvard, working with LT Troland at research on telepathy and survival, for which he took part in sittings with the Boston medium [Leonora Piper](#).<sup>[5]</sup>

While supervising masters and doctoral candidates at Columbia, Murphy began writing the books that would cement his reputation as a prominent voice personality, social and cognitive psychology. Several of his books have been used as textbooks throughout the United States.

Murphy returned to parapsychology in 1934 after a long illness, visiting [JB Rhine](#) at the [Parapsychology Laboratory at Duke University](#) and meeting many of Rhine’s associates.

In 1940, Murphy moved from Columbia to the City College of New York to head its psychology department, also conducting research on the role of emotion and feeling in perception and memory. In 1941, he began collaborating with Laura Dale of ASPR, and the following year taught a summer course on psychical research at Harvard. One student was [Gertrude R Schmeidler](#), who was inspired to embark on a research career in parapsychology, which included collaborative work with Murphy.<sup>[6]</sup>

In 1950, Murphy and his wife Lois (née Barclay), also a psychologist, travelled to India to work as United Nations Educational, Scientific and Cultural Organization (UNESCO) consultants to the Indian Ministry of Education.

In 1952, Murphy left the City College to become director of research at the Menninger Foundation in Topeka, Kansas. Upon retiring from this position in 1968, he moved to Washington DC, and taught

psychology at George Washington University as a visiting professor until 1973.

Murphy was awarded the Butler Medal by Columbia University 1932, and the Gold Medal of the American Psychological Association (APA) in 1972. He received honorary doctorates from the University of the City of New York in 1975 and the University of Hamburg in 1976.

He served as president of the APA in 1944–45, and as president of the SPR in 1949.<sup>[7]</sup> He was most active organizationally for ASPR, serving as vice-president from 1940 to 1962<sup>[8]</sup>, then president from 1962 to 1971. Most of his parapsychological papers were published by the *Journal of the American Society for Psychical Research*.

After a protracted illness, Gardner Murphy died of cardiac arrest on 18 March 1979 in Washington DC, aged 83.

Murphy was praised as a vastly knowledgeable scientist and also as a kind and considerate man, loved by those who knew him. Parapsychologist [Charles Tart](#) wrote: 'In our wide-ranging discussions, I was constantly amazed at the breadth and depth of Gardner's knowledge ... he could grapple in detail with the nuts-and-bolts details of problems, right in there with technical specialists, and then step back and relate the problems to a wider perspective.'<sup>[9]</sup> The quality and nature of Murphy's teaching was celebrated by former student Eugene Hartley in a book of essays commemorating Murphy's thought and interests. Murphy was consistently voted 'best-liked teacher' by seniors at the City College, Hartley writes, in part because: '[his] respect for human integrity and worth is revealed in all his dealings with his students ... students are people and people are accorded an unfailing courtesy'.<sup>[10]</sup>

In his memory, the ASPR established the Annual Gardner Murphy Memorial Lecture Series, choosing a deserving scientist to receive an award and present his or her work each year.<sup>[11]</sup> The Gardner Murphy Research Institute in Washington DC was also named in his honour.

## Contribution to Parapsychology

In addition to his early investigations of mediumship and experiments with telepathy, Murphy tested such questions as the impact of ESP experimental subjects' belief in their own abilities on their scores.<sup>[12]</sup> He followed every development in parapsychology, as is evidenced by his many books and papers describing the state of the field; he also wrote about its history.<sup>[13]</sup>

Murphy laid out parameters for parapsychological science in an entry for the *Encyclopedia of Psychology* in 1946 that remains relevant today:

The most prominent concern of psychical research today may be said to be (a) the study of those psychological and physiological conditions under which paranormal phenomena, spontaneous or experimental, appear; (b) the devising of special experiments which will give maximum opportunity for these special conditions to manifest themselves; (c) the resulting development of a consistent repeatable technique; (d) the discovery by all these means of the laws or principles underlying the phenomena; (e) the eventual construction of a system of knowledge which will bind these principles together, so that all of the various types of paranormal phenomena will make a meaningful whole, internally coherent and in meaningful and intelligible contact with the general laws of psychology.<sup>[14]</sup>

Murphy saw psychology and parapsychology as sister fields, and maintained that each has received – and should continue to receive – major contributions from the other. For instance, in a presidential address to the SPR given on 8 June 1949,<sup>[15]</sup> he explores the questions of

- whether psi is a rare gift found only in a few individuals or a latent ability in all (he sees the latter as well-supported by lab evidence)
- what psychological traits are conducive to it manifesting (ease of dissociation and automatism are two he posits)
- whether belief in psi ability affects psi testing results (it does, to the point that people who disbelieve score worse than chance, using their psi abilities to attempt to prove they have none, as demonstrated by the '[sheep and goats' experiment](#)')<sup>[16]</sup>
- how much the working atmosphere influences psi test results (significantly, in his view)
- the importance of interpersonal relationships between agents, percipients and experimenters in psi testing (he sees it as crucial).

He gives advice for productive collaboration between the two fields:

I would suggest the experiment of looking upon personality as the same subject matter whether it happens to be studied by psychologists or by psychical researchers; that we regard the paranormal as emerging from lawful and ultimately intelligible factors operative within normal personalities; that we regard psychical research and general psychology as interpenetrating and at times fusing, and always sharing outlooks and methods; and finally, since all psychological phenomena are to some degree individualized, that we make the most of all of those methods by which individuality may be studied with a view of trying to understand individual paranormal gifts.<sup>[17]</sup>

Murphy considered the existence of telepathy and clairvoyance to have been amply established by spontaneous cases and laboratory evidence. He wrestled with the question of survival, impressed by some of the best evidence – he could not deny certain apparitional and mediumistic records showed a strong and consistent intent to communicate on the part of the dead<sup>[18]</sup> – but was never fully convinced that it might not be explained in terms of psi in living minds. He chose to explain Ian Stevenson's cases of the reincarnation type in terms of the 'psychons' theory proposed by British psychical researcher [Walter Whately Carington](#).<sup>[19]</sup>

Murphy was steadfast in his insistence that mainstream psychology, and science in general, should pay appropriate attention to rigorous parapsychological science instead of dismissing it. 'How far can any science get,' he asked, 'by laying down rules as to what can and what cannot happen? ... The scientific challenge to create a kind of field theory sufficiently open to provide a place for the main parapsychological findings still stands'.<sup>[20]</sup>

## Select Publications

Murphy wrote more than 25 books and more than one hundred papers on both psychological and parapsychological topics.

### Select Books

*Historical Introduction to Modern Psychology* (1925). New York: Harcourt, Brace and World.

*Personality* (1947). New York: Harper & Row.

*In the Minds of Men* (1953). New York: Basic Books.

*Human Potentialities* (1958). New York: Basic Books.

*The Paranormal and the Normal* (1980). Lanham, Maryland, USA: Scarecrow Press, Inc.

*There Is More Beyond: Selected Papers of Gardner Murphy* (1989). Jefferson, North Carolina, USA.: McFarland.

*William James and Psychical Research* (1960 with R. Ballou). New York: Viking Press.

[\*The Challenge of Psychical Research\*](#). (1961 with L.A. Dale). New York: Harper and Row. [Republished in 1979, Westport, Connecticut, USA: Greenwood Press.]

*Outgrowing Self-Perception* (1975 with M. Leeds). York: Basic Books, Inc.

## Select Parapsychological Papers

[\*Some present-day trends in psychical research\*](#) (1941). *Journal of the American Society for Psychical Research* 35, 118-32.

[\*Field theory and survival\*](#) (1945). *Journal of the American Society for Psychical Research* 39, 181-209.

The influence of belief and disbelief in ESP upon individual scoring level (1946 with G.R. Schmeidler). *Journal of Experimental Psychology* 36, 271-76. [doi:10.1037/h0054099](#).

[\*Psychical research and personality\*](#) [Presidential address] (1949). *Proceedings of the Society for Psychical Research* 49, 1-15.

Psychology and psychical research (1953). *Proceedings of the Society for Psychical Research* 50, 26-49.

Trends in the study of extrasensory perception (1958). *American Psychologist* 13, 69-76. [doi:10.1037/h0042474](#).

Report on paper by Edward Girden on psychokinesis (1962). *Psychological Bulletin* 59, 520-28. [doi:10.1037/h0044213](#).

Psychical research today (1966). *International Journal of Neuropsychiatry* 2, 357-62.

Introductory aspects of modern parapsychological research (1967). *Transactions of the New York Academy of Sciences* 30, 256-60. [doi:10.1111/j.2164-0947.1967.tb02462.x](#).

[\*Concentration versus relaxation in relation to telepathy\*](#) (1943 with L. Dale). *Journal of the American Society for Psychical Research* 37, 2-16.

[\*Psychical phenomena and human needs: Removal of impediments to the paranormal\*](#) (1944). *Journal of the American Society for Psychical Research* 38, 2-23.

[\*An outline of survival evidence\*](#) (1945). *Journal of the American Society for Psychical Research* 39/1, 2-34.

[\*Difficulties confronting the survival hypothesis\*](#) (1945). *Journal of the American Society for Psychical Research* 39/2, 66-94.

[\*An approach to precognition\*](#) (1948). *Journal of the American Society for Psychical Research* 42/1, 3-14.

[\*Needed: Instruments for differentiating between telepathy and clairvoyance\*](#) (1948). *Journal of the American Society for Psychical Research* 42/2, 47-9.

[\*Psychical research and personality\*](#) (1950). *Journal of the American Society for Psychical Research* 44/1, 3-20.

[The natural, the mystical and the paranormal](#) (1952). *Journal of the American Society for Psychical Research* 46/4, 125-42.

Triumphs and defeats in the study of mediumship (1957). *Journal of the American Society for Psychical Research* 51, 125-35.

Progress in parapsychology (1959). *Journal of the American Society for Psychical Research* 53, 12-22.

Research in creativeness: What can it tell us about extrasensory perception? (1966). *Journal of the American Society for Psychical Research* 60, 8-22.

A Caringtonian approach to Ian Stevenson's *Twenty Cases Suggestive of Reincarnation* (1973). *Journal of the American Society for Psychical Research* 67, 117-29.

## Manuscript Archive

The Kansas Historical Society holds an archive of Murphy's papers dated from c. 1924 to 1987, most from the 1950s and 60s. His interest in parapsychology is well-represented. See [here](#).

## Video

In 1966, Murphy appeared as himself in a television documentary on ESP research, [The Baffling World of ESP](#).

KM Wehrstein

## Literature

See American Society for Psychical Research (n.d.) [The American Society for Psychical Research Annual Gardner Murphy Memorial Lecture Series](#). [Web page on ASPR website.]

Cook, J (1979). [Gardner Murphy Is Dead at 83: Psychologist, Author, Professor](#). *New York Times* (21 March), 21.

Hartley, E. (1960). Profile of a professor. In *Festschrift for Gardner Murphy*, ed. by J.G. Peatman & E.L. Hartley. New York: Harper, 1-11.

Murphy, G. (1949). [Psychical research and personality](#) (8 June 1949 Presidential address). *Proceedings of the Society for Psychical Research* 49, 1-15.

Murphy, G. (1973). A Caringtonian approach to Ian Stevenson's *Twenty Cases Suggestive of Reincarnation*. *Journal of the American Society for Psychical Research* 67, 117-29.

Murphy, G. & Ballou, R. *William James and Psychical Research*. New York: Viking Press, 1960.

Murphy, G. with Dale, L.A. (1961, 1979). [The Challenge of Psychical Research](#). New York: Harper & Brothers; Westport, Connecticut, USA: Greenwood Press.

Pleasant, H. (1964). [Gardner Murphy](#). *Biographical Dictionary of Parapsychology with Directory and Glossary 1946-1996*. New York: Garrett Publications. [Entry published on Lyceum Library website.]

Schmeidler, G.R., & Murphy, G. (1946). The Influence of Belief and Disbelief in ESP Upon Individual Scoring Levels. *Journal of Experimental Psychology*, 36/3, 271-76.

Stevenson, I. (1973). Carington's psychon theory as applied to cases of the reincarnation type: a

reply to Gardner Murphy. *Journal of the American Society for Psychical Research* 67, 130-46.

Tart, C.T. (1980). [Tribute to Gardner Murphy](#). *Journal of the American Society for Psychical Research* 74, 109-10.

*Washington Post* (1979). [Gardner Murphy Dies \(obituary\)](#) (March 31).

## Endnotes

### Footnotes

- 1.^ All information in this section is drawn from *Washington Post* (1979) and Cook (1979) except where otherwise noted.
- 2.^ Murphy (1961), xv.
- 3.^ Murphy (1961), xv.
- 4.^ Murphy (1961), xvi.
- 5.^ Murphy (1961), xv.
- 6.^ Murphy (1961), xv-xvi.
- 7.^ Pleasants (1964).
- 8.^ Pleasants (1964).
- 9.^ Tart (1980).
- 10.^ Hartley (1960), 9-10.
- 11.^ See American Society for Psychical Research (n.d.).
- 12.^ See Schmeidler & Murphy (1946).
- 13.^ For example: Murphy & Ballou (1960).
- 14.^ Cited in Pleasants (1964).
- 15.^ Murphy (1949).
- 16.^ Schmeidler & Murphy (1946).
- 17.^ Murphy (1949), 15.
- 18.^ Murphy & Dale (1961), 273. In the chapter on survival, the authors give the so-called '[Cross-Correspondences](#)' as the strongest evidence.
- 19.^ See Murphy (1973) and Stevenson's response (1973).
- 20.^ Cited in *Washington Post* (1979).